

## Monday

### Spaghetti Bolognese

Mince Beef Diced Onions Diced Peppers

KTC Vegetable Oil (for cooking)

**SOYA** bean oil, Anti foaming agent E900

Knorr Bolognese Sauce 2.2L

Water, tomatoes, tomato paste **CELERY**, onions, carrots , sugar, glucose-fructose syrup, modified maize starch, yeast extract, sunflower oil, oregano, basil, salt, red wine extract, garlic, black pepper, cayenne pepper, acid

Pasta

Durum **WHEAT**, Semolina

Garlic & Parsley Slices

**WHEAT** flour (with calcium, iron, niacin, thiamin), water, vegetable oils (palm oil, rapeseed oil), garlic purée (5%), yeast, salt, dextrose, **WHEAT GLUTEN**, parsley, emulsifiers (mono- and di-glycerides of fatty acids), flour treatment agent (ascorbic acid), natural flavouring, natural colour (beta carotene).

### Profiteroles

Cream filling cream (**MILK**), sugar, stabilizer (E407), emulsifier (E471), bourbon vanilla extract], chocolate sauce chocolate (glucose-fructose syrup, cocoa mass, sugar, cocoa powder, defatted cocoa powder, defatted cocoa powder, emulsifier: (E322 (**SOY**))), water, glucose-fructose syrup, sugar, sweetened condensed **MILK**, maize starch, emulsifier ((E322) sunflower)], **EGG**, **WHEAT** flour, palm oil, emulsifier (E471).

## Tuesday

### Pizza Pepperoni (Halal)

Pizza Base

**WHEAT** Flour, Water, Yeast, Rapeseed Oil, Salt.

Plain Pizza Sauce

Tomatoes, Salt, Acidity Regulator: Citric Acid

Sliced Pizza Pepperoni (**HALAL**)

Turkey Meat, Beef fat (15%), Iodised salt(table salt, potassium iodate) , Maltodextrin, Spices, Dextrose, Spice Extracts, Flavour enhancer (E621), Acidifier (E575), Antioxidant (E392,E300/E301),Acidity Regulator (E325,E262), Preservative (E250), Mature culture,

Mozzarella Cheese

Mozzarella Cheese (Cows' **MILK**), Acidity Regulator: Citric Acid.

Grated Cheddar Cheese

Cheddar Cheese (**MILK**) Anti -caking Agent (Potato Starch)

Fairway French Fries 7mm 4 x 2.5kg

Potatoes, Palm oil. Technical aid: Stabiliser (E450)

**SOYA** bean oil, Anti foaming agent E900

Coleslaw

Grated Carrot & White Cabbage

Rapeseed oil (78%), free range pasteurised **EGG** and **EGG** yolk (8,9%), water, spirit vinegar, sugar, salt, lemon juice concentrate, flavouring, antioxidant (calcium disodium EDTA), paprika extract.

# Jam Sponge & Custard

## **Self-Raising Wheat Flour**

**WHEAT** flour, Calcium Carbonate (E170), Iron, Nicotinamide (Vit B3), Thiamine Hydrochloride (Vit B1)), Sodium Carbonates (E500) Calcium Phosphates (E341

## **Summer County Spread**

Rapeseed oil, Vegetable oil, Palm oil, sunflower oil, salt, **BUTTERMILK**, (potassium sorbate), emulsifier (mono and diglycerides of fatty acids) acid (citric acid) flavourings, vitamins (A and D) colours(carotenes)

## **Baking Powder**

**WHEAT** starch, sodium acid pyrophosphate, bicarbonate of soda

## **EGGS**

## **Sugar**

## **Strawberry Jam**

Glucose Fructose Syrup, Strawberries, Gelling Agent: Pectin, Sugar, Acidity Regulators: Citric Acid, Sodium Citrate, Colour: Anthocyanins.

## **Custard**

Reconstituted Skimmed **MILK**, Reconstituted Buttermilk (**MILK**), Water, Sugar, Modified Maize Starch, Palm oil, **MILK** Protein, Coconut Oil, Natural Flavourings, Stabiliser (Pentasodium Triphosphate) Colours (Annatto, Curcumin)

## Wednesday

### Roast Beef

Beef

Roast Potatoes British Potato (100%)

Manufactured in an environment handling dairy ingredients

Baked Yorkshire Pudding

Fortified **WHEAT** Flour (**WHEAT** Flour, Calcium Carbonate, Iron, Niacin, Thiamin),  
EGG White, Whole **EGG**, Rapeseed Oil, Water, Skimmed **MILK** Powder, Salt

Bisto Beef Gravy Granules

Potato Starch, Maltodextrin, Palm Oil, Salt, **WHEAT** Flour(with added Calcium, Iron,  
Niacin, Thiamin), Colour (E154c), Sugar Flavourings (contain **BARLEY**), Flavour  
Enhancers (E621, E635), Emulsifier (E322) (contains **SOYA**)

KTC Vegetable Oil (for cooking)

SOYA bean oil, Anti foaming agent E900

Carrots

Broccoli

### Mousse

Sugar, Whole **MILK** Powder, Modified Waxy Maize Starch, Emulsifier (Glucose  
Syrup Solids, Hydrogenated Coconut Oil, Lactic Acid esters of mono- and  
diglycerides of fatty acids E472b, Sodium Caseinate (**MILK**), Dipotassium Phosphate  
E340ii), Sodium Caseinate (**MILK**), Whey (**MILK**), Natural Flavouring, Colour (Beet  
Red), Stabiliser (E450i).Fat Reduced Cocoa Powder

## Thursday

### Chicken and Chorizo Mac n Cheese

Macaroni pasta

Durum **WHEAT** semolina.

Chicken

Chorizo

Pork, Paprika (Paprika, Smoked Paprika), Salt, Garlic, Preservatives: Sodium Nitrite, Potassium Nitrate;

Cheese Sauce

Cheese powder (**MILK**), cheese (**MILK**) whey powder (**MILK**) **WHEAT** flour, skimmed **MILK** powder, maltodextrin, palm fat, modifies potato starch, salt, sweetcorn powder, spices (**MUSTARD** seed, turmeric), sugar, yeast, anticaking agent (silicon dioxide), pea starch, flavourings.

**May contain egg, celery and soy**

Grated Cheddar

Cheddar Cheese (**MILK**) Anti -caking Agent (Potato Starch)

**KTC Vegetable Oil (for cooking)**

**SOYA** bean oil, Anti foaming agent E900

Garlic & Parsley Slices

**WHEAT** flour (with calcium, iron, niacin, thiamin), water, vegetable oils (palm oil, rapeseed oil), garlic purée (5%), yeast, salt, dextrose, **WHEAT GLUTEN**, parsley, emulsifiers (mono- and di-glycerides of fatty acids), flour treatment agent (ascorbic acid), natural flavouring, natural colour (beta carotene).

## Iced Sponge

Flour

**WHEAT** flour, Calcium Carbonate (E170), Iron, Nicotinamide (Vit B3), Thiamine Hydrochloride (Vit B1)), Sodium Carbonates (E500) Calcium Phosphates (E341

Summer County Spread

Rapeseed oil, Vegetable oil, Palm oil, sunflower oil, salt, **BUTTERMILK**, (potassium sorbate), emulsifier (mono and diglycerides of fatty acids) acid (citric acid) flavourings, vitamins (A and D) colours(carotenes)

Baking Powder

**WHEAT** starch, sodium acid pyrophosphate, bicarbonate of soda

### **EGGS**

Icing Sugar

Icing Sugar, Maize Starch

Assorted Sugar Strands:

Sugar, **WHEAT** Starch, Modified Maize Starch, Water, Acacia Gum, Glucose Syrup, Natural Colours: Beetroot Red, Spinach Extract, Curcumin, Carotenes, Anthocyanins.

## Friday

### Battered Fish

PANGASIUS (**FISH**) 85% Water (as a protective glaze) 15%

#### **Self-Raising Wheat Flour**

**WHEAT** flour, Calcium Carbonate (E170), Iron, Nicotinamide (Vit B3), Thiamine Hydrochloride (Vit B1)), Sodium Carbonates (E500) Calcium Phosphates (E341

#### **ZT Prep Oil (for frying)**

Vegetable oil (Certified Palm oil and Rapeseed Oil) Anti foaming agent E900

#### **Chips**

Potatoes, Sunflower oil

#### **Baked Beans Heinz Baked Beans**

Beans, Tomatoes, Water, Sugar, Spirit Vinegar, Modified Cornflour, Salt, Spice Extracts, Herb Extract

### Breaded Chicken

Chicken Breast (58%), **WHEAT** Flour, Water, Palm Oil, Salt, **WHEAT** Gluten, Cornflour, Modified Corn Starch, Yeast, Dextrose, Raising Agents (Disodium Diphosphate, Sodium Bicarbonate, Monocalcium Phosphate), Thickener (Guar Gum), White Pepper, Onion Powder, Garlic Powder

#### **Chips**

Potatoes, Sunflower oil **Soyabean** Oil (produced from genetically modified soybeans), Antifoaming Agent (E900)

#### **Baked Beans Heinz Baked Beans**

Beans, Tomatoes, Water, Sugar, Spirit Vinegar, Modified Cornflour, Salt, Spice Extracts, Herb Extract

## Jelly

Sugar, Gelling Agent (Carrageenan), Acid (Citric Acid), Acidity Regulator (Tripotassium Citrate), Colours (Beetroot Red, Annatto Norbixin), Flavouring